



**The 2019 Opti Rumble
Pequot Yacht Club
669 Harbor Road
Southport, CT 06890
July 13, 2019**

Class: Optimist
Open to: Area A, B, C
Qualifier for: Optimist Championships

SAILING INSTRUCTIONS

Abbreviations:

PC – Protest Committee	RC – Race Committee
OA – Organizing Authority	SI – Sailing Instructions
RRS – Racing Rules of Sailing	JSA – Junior Sailing Association of LIS
NOR – Notice of Race	

1 RULES

- 1.1 The regatta will be governed by:
 - a) the rules as defined in the Racing Rules of Sailing (RRS)
 - b) Optimist Class Rules
 - c) The Rules for JSA of LIS (JSA) Events,
 - d) JSA Code of Conduct
 - e) US Sailing [SafeSport Handbook](#)
- 1.2 The following RRS optional rules will apply:
 - a) Appendix V1 Penalty at the Time of an Incident, and Appendix V2 Penalty Taken After a Race, will apply.
- 1.3 The following RRS are changed:
 - a) RRS 64.4 (b) is changed to require a hearing before any action is taken.
 - b) RRS 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested.”

2 NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located on the porch of the Senior Clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the SIs will be posted no fewer than 30 minutes before the harbor start on the day the changes take effect.
- 3.2 Any change in the harbor start or first warning signal will be posted no later than the end of the protest time

on the day before the changes take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flagpole in front of the Junior Clubhouse. The harbor start will be signaled by code flag “R” and one sound signal at 9:45 am from the flagpole in front of the Junior Clubhouse.
- 4.2 No boat shall leave the dock until the harbor start has been signaled.
- 4.3 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in the race signal AP.

5 SCHEDULE OF RACES

- 5.1 The race committee will run as many races as reasonably possible. At least one race must be completed to have a series.
- 5.2 The racing schedule is as follows:

Time	Activity
0730 to 0900	Registration/Safety check
0915	Coaches’ Meeting
0930	Competitors’ Meeting
0945	Harbor Start
1030	First Warning Signal

Awards will be presented as soon as possible after the last race.

- 5.3 Flag A displayed, with no sound, while boats are finishing means ‘No more racing today.’
- 5.4 No warning signal will be made after 3:00 on Saturday, July 13, 2019.

6 CLASS FLAGS

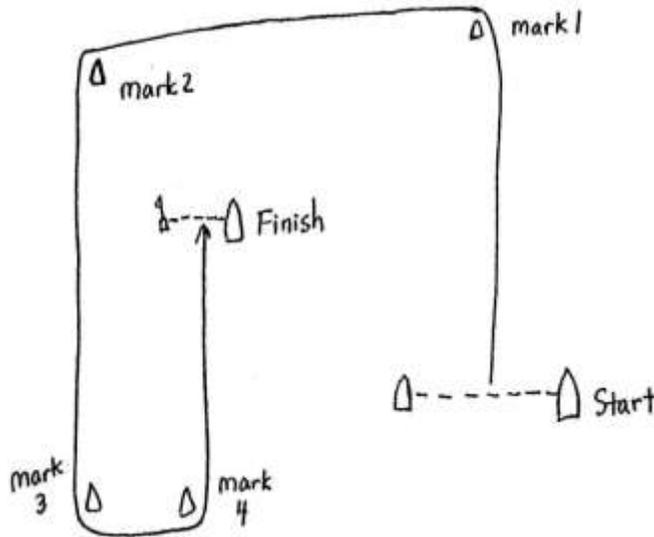
The class flags will be a red flag for the Red Fleet, a blue flag for the Blue Fleet, and a white flag for the White Fleet. Boats shall display the assigned streamer from the top of their sprit pole at all times while racing.

7 RACING AREA

The racing area will be in Long Island Sound in the vicinity of Southport Harbor.

8 THE COURSES

- 8.1 For all courses the starting and finishing lines, including the marks that bound them, are an obstruction except when starting or finishing. Boats may pass on either side, but shall not pass through the line on a first or second leeward leg, or on a second windward leg.
- 8.2 The diagram below shows the course including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is left.



9 MARKS

- 9.1 Rounding marks 1, 2, 3 and 4 will be large inflated orange shapes.
- 9.2 The starting line will be between a staff displaying an orange flag on the race committee signal boat on the starboard end of the starting line, and a staff of an orange flag on the pin boat at the port end of the starting line.
- 9.3 The finishing line will be between a staff displaying a yellow flag on the race committee signal boat on the starboard end of the finishing line, and the port end of the finishing mark.

10 THE START

- 10.1 Races will be started by using RRS 26.
- 10.2 A boat starting later than four minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4.
- 10.3 A series of short sounds will be used to call attention just before each warning signal.
- 10.4 The starting line will be between a staff displaying an orange flag on the race committee signal boat on the starboard end of the starting line, and a staff of an orange flag on the pin boat at the port end of the starting line.
- 10.5 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.6 All three age groups (Red, Blue, and White) will start and race together.

11 RECALLS OF OCS BOATS

- 11.1 When an individual recall is signaled ("X" flag and one sound signal), the RC will attempt to hail the sail numbers of all boats that are OCS. This changes RRS 29.1.
- 11.2 If code flag "I" and/or "Z" and/or "U" or the black flag has been displayed, the RC will attempt to hail the sail number(s) of boats on the course side of the starting line **during the minute** before her starting signal.
- 11.3 Failure of the RC's amplification system, the order of the hails, or failure of a boat to hear her number hailed shall not be grounds for a boat to request redress. This changes RRS 62.1.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 When the next leg of the course is changed, the RC will signal the new direction with display of flag C and repetitive sounds with a green triangle for a change to starboard or a red rectangle for a change to port.

13 THE FINISH

The finishing line will be between a staff displaying a yellow flag on the race committee signal boat on the starboard end of the finishing line, and the port end finishing mark.

14 TIME LIMITS

- 14.1 The time limit for the first boat in each class to finish shall be 60 minutes.
- 14.2 Boats failing to finish within 35 minutes of the first boat in their class to sail the course and finish will be scored Time Limit Expired (TLE) without a hearing. They shall receive points equal to the number of boats finishing before the time limit expired plus 2 points, but not worse than DNF. This changes RRS 35, 63.1, A4 and A5.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the race office located on the second floor porch of the Senior Clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2 For each class, the protest time limit is 30 minutes after the RC signal boat docks.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located on the second floor porch of the Senior Clubhouse as soon as practicable.
- 15.4 Notices of protests by the RC, technical committee or PC will be posted before the protest time limit to inform boats under RRS 61.1(b).
- 15.5 Redress Hearings: Any competitor who may wish to become a party to a scheduled redress hearing, should:
1) check the daily "schedule of protest hearings" that the protest committee will post on the official notice board describing the nature of the redress request and the time of the hearing, and 2) submit a written request to participate in the hearing to the protest committee before it begins.
- 15.6 If the RC posts a list of boats scored OCS, ZFP, UFD or BFD (RRS 30.1-30.4) on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. This changes RRS 62.2
- 15.7 Protests under SI 4.2, 18 and 19 may be made only by the RC or PC.
- 15.8 Protests regarding infractions of JSA rules or SI 10, 18, 19 may be subject to a lesser penalty than DSQ at the discretion of the PC. Please see JSA Rule 4.

16 SCORING

- 16.1 One race is required to be completed to constitute a series.
- 16.2 When fewer than six (6) races have been completed, a boat's series score will be the total of her race scores. When six (6) to ten (10) races have been completed, a boat's series score will be the total of her race scores excluding her worst score. When ten (10) or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- 16.3 Divisions that start together will be scored overall.
- 16.4 Any race scores that include scoring penalties determined by the PC pursuant to NOR 15 shall not be

discardable and will be scored DNE, a non-excludable scoring penalty under 90.3(b).

17 SAFETY REGULATIONS

- 17.1 ALL boats must be towed by support or official boats out of the harbor after harbor start. Boats are not required to tow with their own clubs.
- 17.2 Before the first warning signal for each day, prior to being released from a towline, all boats shall check in with RC (or designated check-in boat) by towing past the stern of the anchored RC (or designated check-in boat) and hailing their sail number until acknowledged by a committee member.
- 17.3 A boat that retires from a race shall notify a RC boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.
- 17.4 ALL boats must be towed by support or official boats into the harbor after racing. Boats are not required to tow with their own clubs. Boats and support craft shall form towlines near the finish area while staying clear of competitors on course. Towlines must check in by towing past a designated anchored support boat at the mouth of the harbor.

18 SUPPORT VESSELS

- 18.1 Instructors, coaches and other support persons and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals a postponement or abandonment. Coaching is not permitted after a general recall.
- 18.2 Coaches and support personnel shall monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel to be used will be identified at the instructors' meeting.

19 TRASH DISPOSAL

Trash may be placed aboard support or official boats.

20 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications of any kind. This restriction also applies to mobile telephones and any other wireless devices.

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